



Simply Smooth  
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## After Treatment Care

### DO

#### *Sooth & Sterilize*

Use witch hazel, diluted tea tree oil, or aloe vera to sooth and sterilize the area.

#### *Reduce Inflammation*

Apply a cold compress to reduce swelling.

#### *Schedule Next Appointment*

I want you to keep going on your treatment plan and get a time that fits your schedule.

### Recommended

#### Managing Pain & Discomfort

Apply a topical salve or aloe vera. Take a pain relief tablet (as directed on label)

Apply a numbing cream containing Lidocaine that can be found over the counter or you can get one slightly stronger that can be prescribed by a physician.

#### Sun & Swim

Stay out of the sun for 48 hours to avoid pigment spots. If you will be in the sun, be sure to use a sunscreen with a minimum of 30- SPF.

Avoid chlorine for 48 hours.

### DONT

#### *Increase Risk OF Infection*

Avoid rubbing, scratching and over touching the treated area 24 hours after treatment.

#### *Alcohol Based Products*

Avoid using alcohol-based products like perfume immediately after treatment.

Isopropyl alcohol burns and care irritate the treated area because the pores are open.

#### *Removing Scabs*

Its normal for some scabs to form after treatment so it's important not to pick them. Picking them can cause scaring and increase chances of infection.

#### *Wax, Tweeze, Thread or Sugar*

If you must remove your hair between treatments, you can shave, clip or use depilatory cream.

#### *Excessive Sweating*

Engaging in activities that cause you to sweat like being in the sun, saunas and any exercising, immediately after treatment can build bacteria and cause infection.

## What To Expect

#### Redness, Swelling, Scabbing & possible Bruising

The post-treatment sensation feels similar to a sunburn. You may apply witch hazel or aloe; I also carry a great line that I use during your treatment as well that you can purchase for at home use as well.

**Thank You For Your Business**



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 SimplysmoothME

## What Is Electrolysis & How Does It Work?

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### What is Electrolysis?

Electrolysis is a method of removing individual hairs from the body permanently. Regardless of the cause – heredity, metabolic or hormonal conditions – electrolysis will permanently remove unwanted hair to reveal a glowing, confident you. Source: American Electrology Association

### How Does Electrolysis Work?

A professional Electrologist inserts a very fine probe into the natural opening of the hair follicle alongside the hair shaft. A tiny amount of electrical current is then applied to create a chemical or heat energy reaction to destroy the hair growth cells.

Source: American Electrology Association

### What Are Modalities?

Medical electrolysis devices can destroy the hair growth cells with chemical energy, heat energy, or both. The method chosen by the electrologist is called the modality. There are three modalities in current use:

**Galvanic** is a chemical process. A DC (direct) current passes through the needle charging the moisture (H<sub>2</sub>O) and salt (NaCl) naturally found in the follicle causing a chemical reaction. This chemical reaction produces sodium hydroxide (lye). The Lye destroys the hair follicle by chemical decomposition.

**Thermolysis** produces heat (aka short wave). The AC (alternating) current passing through the probe causes vibration in the water molecules surrounding the hair follicle which produced heat that destroys the hair growth cells in the follicle. A higher intensity current can be applied for less time in the follicle, or current can be used at a lower intensity with longer timing.

**Blend Method** combines the benefits of galvanic current with thermolysis current. A DC current is passed through the probe, producing lye, which is then heated up by the AC current. The heat spreads the lye around the follicle, ensuring proper damage to the hair follicle tissue. This is faster than Galvanic alone, but still more time consuming than thermolysis. This combination has been found to be more effective in the rate of hair destruction over time than other modalities.

All three methods are very effective and the electrologist will select which one will be best for you to reach your unwanted hair goals.

**Thank You For Your Business**